## How to measure for Press-ons

How do you measure to get that custom fit for your press-on? Let us guide you!

## You need:

- A roll of tape, preferably transparent
- A pen
- A ruler with millimeters on it

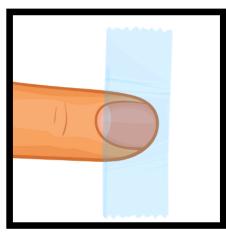


## Step 1:

Put a piece of tape so it fits over your nail bed, you want enough to be able to reach from sidewall to sidewall.

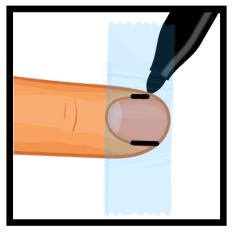


Push down the tape so it sits as smooth as possible. Mark your left and right side of the tape with your pen.



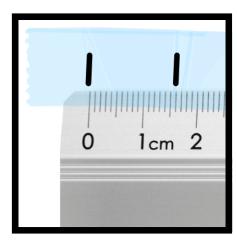
Step 3:

Take the piece of tape with clear markings off and smooth it out on a piece of paper.



Step 4:

Measure in millimeters from marking to marking. Be as exact as possible. Write down the measurements and now start over on the next nail. Make sure to measure every single finger and then send it to your Nail Artist!



Pointer:









## M())NFLAR Press-on chart

	Left		Right	
<b>+</b>	Thumb		Thumb	
	Pointer		Pointer	
	Middle		Middle	
	Ring		Ring	
-	<b>←</b> Pinky		Pinky	<b>+</b>